

Bulletin for Families

Monday 04 May 2020

Message from the Heads of School

Dear parents/ carers,

I hope you had a good weekend. This week's assembly was about VE Day and how as a school we can commemorate this event on Friday with the BBC bunting competition. We also shared this week's Saxmundham Heroes which we can share in Thursday's Bulletin. These will be posted to students this week.

Last week Britain celebrated Captain Tom Moore as he finished the challenge on Thursday, having raised over £32 million for the NHS. Captain Tom said it was "an absolutely fantastic sum of money".

In a tweet, he said he would be doing "less walking" on Friday but would be talking to TV channels in the United States, Argentina, Europe and the Middle East.

Speaking to BBC Radio 2 he said the sum of money was "absolutely enormous" and "very difficult to imagine". He also thanked everyone who had donated for their support. "I say thank you very much indeed. I appreciate it because the object for which we're donating is so important and so necessary... I think you're all so kind and thoughtful contributing to this cause."

At SET Saxmundham we celebrate our students for their achievements and how they show integrity and determination. Captain Tom Moore is certainly a role model we can all aspire to, he is also a war veteran and we can commemorate and celebrate him on Friday as well.

Our staff at SET Saxmundham have also been busy this week as they started their "Miles for Mind" competition. As you can see from the bulletin, this is a great way to help those who need it in this time of uncertainty. If you would like to join in, then please as always send us your pictures.

We would like to do a staff shout out this week to Miss Yallop and all the ICT team at the Seckford Education Trust who have been incredibly busy during this period of "lockdown" ensuring our online learning is working for students and staff.

I look forward to sharing more work and any BBC bunting entries with you in the next Bulletin. Have a good week and remember to raise a glass to help commemorate our veterans on Friday 8 May for the 75th anniversary of VE Day.

Mr R Battle and Mrs E Isaac, Heads of School



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Heads of School

Miles for Mind

Miles for Mind is a virtual running event throughout May to raise money and show support for the charity Mind.

Mind provide support and advice for anyone who is suffering with mental ill health. During the Coronavirus mental health is so important, our whole way of living has been changed and we all coping differently. We have all been on the coronavirus rollercoaster over the past six weeks.

For teachers, it has completely change how we have to work. For SET Saxmundham, it has taken away part of the community that we all value so much. So, I asked the team if anyone would like to join me in taking part in miles for mind. It will raise awareness for the charity, it will give us a focus, it will be a challenge and it will be fun.

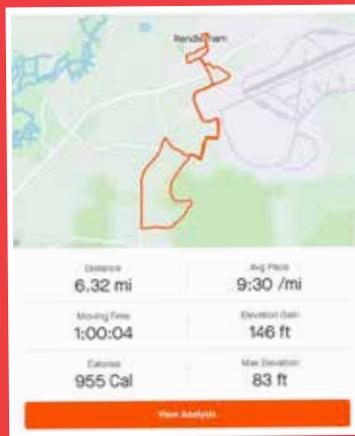
I was lucky that 10 staff signed up with me, and together we are going to push ourselves to run various distances over the course of May.

I was struggling to try and put into words why having people join in this event was so important for wellbeing. So I decided to go for my first run and think about it when I came home, as I was out running I was receiving pictures and messages from staff members that had signed up to take part and I realised that this was what had been missing – the community, the chats, the laughing together. We are all working remotely but by taking part in this challenge we are #alonetogether and that is how we will support each other through this time.

So I hope you all enjoy seeing what we get up to over the next month. There will be photos and updates via the bulletin and social media. Please feel free to join in with us and send us photos of you out on your daily run or walk. Because we love hearing about what you are all getting up to and we hope you enjoying seeing us challenge ourselves during the course of May.

Miss H Coles





Year 9 Options Update

Thank you for your patience on Year 9 into 10 GCSE options. We have now got the provisional groups and options for the whole year. The next stage that we are currently working on is ensuring we have the best teachers for each group. We are currently recruiting and finalising teachers working patterns for September. When this process is complete we can then give you the final groups and options.

Mr M Connell-Smith

Barclays' LifeSkills

Barclays' LifeSkills have developed dedicated support hubs for young people and their families. The support hubs include a variety of content that can continue to develop your students' core transferable skills, topics range from wellbeing, budgeting skills, understanding the different types of common fraud and more.

1. If you are looking for activities for young people to complete at home, the student hub for learners aged 14+ has many interactive tools, films and activities to encourage independent study. <https://barclayslifeskills.com/young-people/>
2. The families support hub is also full of information; by reading parent blogs and a new advice page specific to current circumstances, they too will be able to support their children with LifeSkills resources. <https://barclayslifeskills.com/families/>

Additional Support

You can also access an adapted suite of practical, engaging activities and online lesson films that are perfect for remote delivery or supporting students' independent learning.

The first online lesson for young people focuses on Wellbeing Stress bucket challenge and working through a case study to understand the benefits to be gained from challenges and how to be adaptable. To view the online lesson, please click here:

<https://barclayslifeskills.com/families/home-learning-wellbeing/>

Miss H Coles