

WEEK COMMENCING 27 SEPTEMBER 2021



SET
SAXMUNDHAM
SCHOOL

FAMILY BULLETIN

School has been a hive of activity this week!

We are still enjoying more practical and active lessons. We are still buzzing after our Open Evening last week and the chance for us to show what a great school SET Saxmundham is.

Teachers were delighted to showcase their subjects and I was delighted to see our amazing students talk about the school with real pride. The highlight was a heartfelt speech from our Senior Students who talked about how they were cared for as individuals at this school.



This week saw more Year 6 students and their families to visit our school and to enjoy subject specific taster lessons in Science and Food Technology.

I am enjoying getting to meet with member of the community. The Suffolk Police came to introduce themselves this week. They will offer a drop in for students fortnightly. They are keen to get to know our students and parent and you may see them on the school site on occasion for this purpose.

I enjoyed our first Kitchens of the Globe Week and the parents who attended were impressed with the French cuisine they sampled.

There is a real focus on PHSE and Careers this year in all SET schools. Year 11 are taking part in mock interviews on Thursday 30 September. Followed by a post 16 event in the hall for Year 10 and Year 11 students. We are looking forward to having 10 guests to interview students from employers such as BT, EDF, Meadowbrook and Warren Heath Prison. We are very grateful that members of our community give their time so generously in order to support our learners. A letter with more details has been sent to all KS4 learners.

Thank you again for your continued support.

Christina Watson
Head of School

SET SAXMUNDHAM SAFEGUARDING TEAM

I would like to take this opportunity to inform you of changes to the Safeguarding team this academic year. The Safeguarding team at SET Saxmundham now includes:



Mrs C Watson
Head of School
and Designated
Safeguarding Lead

cwatson@seckfordeducation.org.uk



Mrs L Bevan
Pastoral Officer/
Assistant Designated
Safeguarding Lead

lbevan@seckfordeducation.org.uk



Mrs G Bennett
Pastoral Officer/
Assistant Designated
Safeguarding Lead

gbennett@seckfordeducation.org.uk



Mrs C Hanlon
Pastoral Assistant/
Assistant Designated
Safeguarding Lead

chanlon@seckfordeducation.org.uk



Mr A Hume
Pastoral Assistant/
Assistant Designated
Safeguarding Lead

ahume@seckfordeducation.org.uk

The Trust is committed to providing the highest standard of education for all students based on equality of access and opportunity. Safeguarding and promoting the welfare of children is defined for the purposes of our approach as:

- protecting children from maltreatment;
- preventing impairment of children's health or development;
- ensuring that children grow up in circumstances consistent with the provision of safe and effective care;
- and taking action to enable all children to have the best outcomes.

The Trust believes that all young people:

- have the right to be protected from harm and/ or abuse;
- have the opportunity to develop fully;
- have their basic needs met.

The Safeguarding Team can support pupils with a wide range of issues, including:

- Mental Health,
- Online Safety,
- Worries about home, or issues in the community,
- Drugs and alcohol.

Below is some information on different agencies you can independently contact or access.

KOOTH – www.Kooth.com is the online counselling service for all young people age 11-18 in Suffolk. Kooth can be accessed from any laptop, phone or tablet and is available 12noon to 10pm, Monday to Friday and 6pm-10pm Saturday and Sunday 365 days a year.

Calm App – offers relaxation and breathing exercises and this would be useful when you're feeling anxious or panicky or when you are going to bed at night. It has lots of tracks and exercises that can help relax you.

Calm Harm App - helps you resist or manage the urge to self-harm. Supports you to distract and comfort yourself and looks into alternate ways of releasing your feelings.

The Mix – www.themix.org.uk - emotional support for Under 25's.

1:1 live chat service available on the website from 3pm to 12am 7 days a week.

Helpline – 0808 808 4994: 'If you are under 25 and need help but don't know where to turn, you can call this number for free and someone body will explore your situation with you. Phone line is open 7 days a week 3pm to 12am.'

Crisis messenger text line: Text THEMIX to 85258. Crisis messenger text services provide free, 24/7 crisis support for a range of issues including: Suicidal thoughts, abuse or assault, Self-harm, bullying, or relationship breakdown.

CEOP - www.ceop.police.uk - You can use this website to report any issues where you are concerned with the way someone is communicating with you online.

We have fortnightly drop in sessions provided by the Suffolk School Nursing Team. Students can drop in and speak with the school nurse during the lunchtime period. No appointment necessary.

School Nurse - ChatHealth is a service for you to text a Suffolk school nurse to ask for confidential help and advice on all kinds of health issues. The service is available Monday to Friday from 9am to 4.30pm. **ChatHealth text number: 07507 33 33 56**

If you are worried about your child, or another child within our school community please do get in contact with one of the staff members mentioned above.

In the Safeguarding team we like to work alongside parents and carers and have a joint approach in identifying and supporting a pupil who may be at risk of harm.

Forge

We are delighted to have welcomed students in to the Forge and our learning community. Students have settled in well to their new routines and have been producing excellent work across a wide range of subjects. Students follow a broad and balanced curriculum that is enriched by therapeutic approaches to support their particular areas of need.

SET SAXMUNDHAM CHOIR



The SET Saxmundham Choir has burst back into song again, hurray! With singing being one of the best things you can do for your well-being, it's not only great to hear our students' voices being lifted in songs like 'This is Me', 'Country Roads' and hits from musicals, it's a real boost for morale too. All that AND it's nearly time to start practising our Christmas repertoire - it's only 91 days until Christmas day! Membership of our Choir - which includes using one of our very beautiful new folders, kindly donated by the Parents' Association - is open to all students, no auditions, just come and add your joyful voice, Thursday lunchtimes up in the Music Department.

diary dates!

Michaelmas Term 2021

- Transition Afternoon : Drama (Harry Potter) - Wednesday 29 September, 1:30pm - 3pm
- Year 11 Mock Interviews - Thursday 30 September
- Sixth Form Fair : Years 10 & 11 - Thursday 30 September, 5pm - 7pm
- Parents' and Carers' Open Forum - Tuesday 5 October, 9:30am - 10:30am
- Transition Morning : French/German Cafe - Wednesday 6 October, 9am - 10:30am
- Year 10 Progress Evening - Thursday 7 October, 6:30pm
- Year 7 Settling-In Information Evening - Wednesday 13 October, 6:30pm
- Year 11 Mock Exams - Monday 1 November - Friday 12 November
- Transition Morning : History Hallowe'en (Year 3) - Wednesday 3 November, 9am - 10:30am
- Transition Morning : History Hallowe'en (Years 4 & 5) - Friday 5 November, 9am - 10:30am
- Remembrance events - Friday 11 November
- Cross-trust Winter Games - Friday 19 November
- PSHE Day - Friday 26 November
- Kitchens of the Globe : Year 8 parents and carers
- Year 11 Progress Evening - Thursday 2 December, 6:30pm
- Parents' and Carers' Open Forum - Tuesday 7 December, 9:30am - 10:30am
- Achievement Evening - Wednesday 8 December
- Christmas Fair - Friday 10 December
- Christmas Lunch - Tuesday 14 December
- Christmas enrichment events - Wednesday 15 December
- Celebration Assembly and last day of term - Thursday 16 December